OCCUPATIONAL MEDICAL FACILITIES

MANDATED POSTER BY THE STATE OF CALIFORNIA

In case of workplace injury, first notify your supervisor Call 911 if the injury or illness is an emergency

San Diego Unified School District has arranged for medical care to be provided at the specialized work related injuries/illness occupational medical facilities listed below. No appointment is necessary. Inform the medical facility that you are a SDUSD employee and request that they send medical reports and billing to York Risk Services Group, Inc.

In the event of a serious injury/illness of an employee: CALL CalOSHA at (619) 767-2280 within 8 hours of the accident.

Serious injury/illness is defined as any injury/illness occurring in a place of employment, or in connection with any employment, which requires inpatient hospitalization for a period in excess of 24 hours for other than medical observation, or in which an employee suffers a loss of any member of body, or suffers any serious degree of permanent disfigurement. **Failure to report to CalOSHA may result in a fine of up to \$5,000 to the site.**

MISSION VALLEY/ HILLCREST

UCSD Medical Center Hillcrest

8:00 am - 4:15 pm 330 Lewis Street, Ste 100, SD 92103 (619) 471-9210

UCSD Medical Hospital Hillcrest

*After Hours Care

200 W. Arbor Drive, SD 92103 **(858) 657-7000**

CONCENTRA

7:00 am - 6:00 pm 3930 Fourth Ave, Ste 200, SD 92103 (619) 297-9610

Kaiser On-the-Job

9:00 am - 4:00 pm 4647 Zion Ave., 1st Floor, Ste 155 San Diego 92120 **(619) 528-5062**

Kaiser Permanente Hospital

*After Hours Care

4647 Zion Avenue, SD 92120 **(619) 528-5700**

(0-0,0-0 0.0

CONCENTRA 8:00 am - 5:00 pm

5333 Mission Center Rd, Ste 100

San Diego 92108

(619) 295-3355

CAMP PALOMAR

U.S. HealthWorks

7:00 am - 5:00 pm 860 W Valley Pkwy, Ste 150 Escondido 92025 (760) 740-0707



CLAIREMONT/KEARNY MESA

CONCENTRA (Open 24/7)

5575 Ruffin Rd., Ste 100, SD 92123 **(858) 277-2744**

Sharp Rees-Stealy Genesee

8:00 am - 4:00 pm 2020 Genesee Avenue, SD 92123 (858) 616-8400

Sharp Emergency Room

7901 Frost St San Diego CA 92123 (858) 939-3400

NORTH COUNTY

UCSD Medical Center UTC/La Jolla

8:00 am - 4:00 pm (call ahead of time) 8899 University Center Lane, Ste 160 San Diego 92122

(858) 657-1600

UCSD Medical Center Thornton Hospital *After Hours Care

9300 Campus Point Drive, La Jolla 92037 **(858) 657-7612**

CONCENTRA

8:00 am - 4:00 pm 10350 Barnes Canyon Rd, Ste 200, SD 92121 (858) 455-0200

7590 Miramar Road, Ste C, SD 92126 8:00 am - 4:00 pm

(858) 549-4255

Sharp Rees-Stealy Sorrento Mesa

8:00 am - 4:00 pm 10243 Genetic Center Dr, SD 92121 (858) 526-6150

*After Hours Urgent Care (858) 526-6100

5 p.m. - 8 p.m., Monday - Friday 8 a.m. – 8 p.m., Weekends/Holidays

Kaiser On-the-Job

9:00 am – 4:00 pm 400 Craven Road, San Marcos 92078 (760) 510-5350

SOUTH BAY

CONCENTRA

8:00 am - 5:00 pm - Mon - Fri. (Sat. 9:00 am - 2:00 pm) 542 Broadway, Ste G Chula Vista 91910

(619) 425-8212

102 Mile of Cars Way, NC 91950 7:00 am - 6:00 pm (619) 474-9211

Sharp Rees-Stealy Chula Vista

8:00 am - 4:30 pm 525 3rd Ave., Chula Vista 91910

(619) 585-4050

*After Hours Urgent Care (619) 585-4000

Open 8 a.m. - 8 p.m. daily

Kaiser On-the-Job (Otay Mesa)

9:00 am – 5:00 pm 4650 Palm Ave., Bldg 2, 2nd Floor Area 228 San Diego 92154 **(619) 662-5006**

EAST COUNTY

CONCENTRA

7:00 am - 4:00 pm 9745 Prospect Ave, Ste 100 Santee 92071 (619) 448-4841

Sharp Rees-Stealy La Mesa

8:00 am - 5:00 pm 5525 Grossmont Center Dr, La Mesa 91942 (619) 644-6600

*After Hours Urgent Care (619) 644-6625

Open 8 a.m. - 8 p.m. daily